



2025 DATES:

Wednesdays

April 2, 9, 16, 23, and 30

May 7, 14, and 21

TIME:

9:00 AM – 10: 15 AM

LOCATION:

Kingswood Park
Activity Center
4188 Irwin Simpson Rd
Mason, OH 45040

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Wits Workouts

Did you know that intellectual engagement and social connectedness are two lifestyle factors that contribute to your brain's health? Simply put, coming together and learning new things is good for your noggin! Join Laura Stanton, OSU Extension Educator, for an eight-week series of free Wits Workouts on Wednesdays starting in April 2025. You'll engage in fun, interactive puzzles and games and learn what you can do in your daily life to keep your brain healthy.

Please register at:

<https://deerfieldoh.myrec.com>

Questions? Call Laura at 513-695-1311 or email her at stanton.60@osu.edu.



THE OHIO STATE UNIVERSITY
EXTENSION

Warren County
warren.osu.edu



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